



Tennis Seniors New South Wales 'Seniors Moments'

Quarterly newsletter of Tennis Seniors New South Wales

May 2023

WELCOME

Welcome to the third edition of Seniors Moments. This edition will feature a number of tournament reports from recently organised tournaments as well as highlighting some important information in relation to upcoming tournaments on our calendar. TSNSW would like to promote two new members Diane CASSEL and Sanna BEDFORD onto our committee bringing the total number of females on the committee to four. Di brings much experience to TSNSW with her previous role with Tennis Seniors Australia and Sanna brings youth and energy. Both ladies are committed to bolstering female member numbers for NSW whilst working and each bringing up two children, a commendable effort ladies. Whilst we are extremely lucky to have secured these two ladies onto the committee, we unfortunately lost a committee member Mary Baker in the process. Mary was instrumental in her work getting the Pennant Hills tournament up and running in 2023, providing valuable input into the TSNSW committee and is also keen to run the NSW State titles at Pennant Hills if the opportunity arises. Mary is also working with council to renovate the existing clubhouse to provide a two-storey building with a viewing area and facilities for presentations and gatherings.

This issue will also showcase our new uniform and encourage individual players to get in early with their uniform requests for the upcoming Australian Teams event in Hobart, January 2024. TSNSW has identified a number of our previous NSW team captains and conducted interviews with those captains with a view of highlighting the positives of TSNSW inclusion in the Australian teams event. TSNSW continues to rally for stronger membership and encourages seniors that the friendships forged in our weekend tournaments far outweighs the meagre \$20.00 joining fee. TSNSW continue to rally for sponsorship and ask that if any small or large business are interested, please contact TSNSW committee to discuss this. This issue will profile new members, provide you with one or two recipes and other health tips that may all help us to prolong our time on the court.

Tennis Seniors NSW welcomes feedback from members and others including any ideas that you may have and would like to share with other Tennis Seniors NSW members or potential members. The committee would also love our current members to promote Tennis Seniors NSW and bolster our membership numbers. We welcome our new 30+ age group to seniors. We hope that your youth gives us inspiration to continue playing into our 70s, 80s and for some, our 90s.

TOURNAMENT REPORT

Ulladulla February 17-19 2023

Mary Lou Barclay put on another fantastic tournament this year. Great numbers, great weather and an all-round well run weekend. Thanks again to the Ulladulla sponsors. A big shout out goes to all Division winners and those less fortunate who fought hard, but were unlucky on the day. Make sure you enter early when the entry form comes out this year. Numbers fill quick as it is our first, and much awaited tournament of the year.

Macarthur 25-26 March 2023

Tournament Director Michael Jackson put on a great tournament which had comparable numbers to other years. Wests are currently building a new Tennis Club therefore the logistics of putting together a tournament in the middle of a work site is commendable. From all reports Macarthur was an enjoyable weekend.

Inverell 1-4 April 2023

Inverell was attended by a number of our committee members who indicated there were a fair amount of players. Thanks to Glen Armstrong who brought a number of players with him for the tournament. Matt Butler, tournament Director, put on a great weekend and it is hoped next year that a greater number of players will take the drive out west for a long weekend.

Pennant Hills 14-16 April 2023

Tournament Director, Michael Jackson, made running a tournament look easy when he partnered up with the Pennant Hills committee. A great three-day tournament with some great tennis, great food and refreshments. Many thanks to the ladies in the canteen, the BBQ chef come barman Gerry and Mary Baker for all your hard work. It has been suggested that the tournament be condensed into two days with the singles Saturday morning and one less doubles played over the weekend. Members thoughts on this are appreciated.

Bathurst 29-30 April 2023 – Cancelled

Picton 5-7 May 2023

Tournament Director Michael Jackson demonstrated that the key ingredients to a successful tournament is a full complement of players and perfect weather. Picton again did not disappoint. Michael was able to reach 150 players and hopes to increase the NRT ranking for the tournament. There were some fantastic sets played over the weekend with some very tight results. It has been suggested that the afternoon sessions start a little earlier next year due to the cooler weather and players returning home.



May 12-14 West Port Macquarie

Tournament Directors Greg and Marion McIntosh reported that they had a very successful tournament with the weather being magnificent and 100 players in attendance.

For our other events at Walcha, Narooma and Goulburn, we wish to thank the Tournament Directors and all the players for making these events memorable also.

UPCOMING TOURNAMENTS

May 20-21 Singleton

May 27-28 West Tamworth

June 10-12 Robyn Castle Mixed Teams

In 2022 Rod Clarkin put on a very impressive tournament. We were short on numbers to establish two divisions however are hoping to get a few more numbers this year to establish a two or even three division tournament. Mix your teams up with age groups. It is preferable to have four males and four females in your team. Due to the round robin nature of the tournament, there will be plenty of tennis for the weekend. Greg Westwood's team always have matching T-shirts so get adventurous and wear something fun.

TEAMS**AUSTRALIAN TEAMS TOURNAMENT, HOBART JANUARY 2024**

Preparations are underway for the 2024 Australian Teams Tournament and organisers are hoping to get great numbers. With that in mind, now is the time to secure your team numbers, uniforms and accommodation as September/October is fast approaching and its good to be organised. The tournament will be spread over a number of centres but all within a short distance of each other. Car rental might be preferable for those not taking their vehicle on the Spirit of Tasmania. For those of you who have not ventured south to Tasmania, the island has plenty to offer in the way of sightseeing, flora and fauna, food and beverage and natural untouched coast lines with pristine beaches. If you are only travelling to Tassie for the teams tournament, give yourself a few days before or after the tournament to explore a beautiful part of Australia. See attached flyers in relation to Hobart.

PROFILE ON PREVIOUS NSW CAPTAINS FOR AUSTRALIAN TEAMS TOURNAMENT

This edition looked to gain the perspective of a number of team Captains from previous years to assist NSW members with their decision to embark on the Australian Teams in Hobart. This profile looks at Cathy LONG, Captain of the Women's 45 winning team and Brian LOADER, Captain Men's 70 Team.

CATHY LONG

Q. Which Team did you play in and what was your role?

- Womens 45s

Q. What was the rough format and how many matches did you play each day?

- We had 2 matches each on the Monday and Tuesday, 1 on Wednesday with a bye, 1 Thursday and the final on the Friday.

Q. How did you find the matches? Were they competitive or one sided?

- I was expecting tougher competition but we hardly dropped a set in the rounds. The top Victorian team were tough.

Q. How did you find the tennis venue?

- Swan Hill is an amazing venue. Also, all courts being in one complex is great socially.

Q. How did you find the official social activities arranged for the event?

- There were a few social events organised and we did a couple of team dinners.

Q. How did you find the social aspect within your team?

- Our team were all friends so we had a great time.

Q. How was your overall experience?

- It's lots of fun and great seeing new places and playing against new people.

Q. What were the main positives of your experience?

- Playing in an organised event against new people and also having a great week away with friends. We left Sydney a few days earlier and explored some other towns on the way to Swan Hill.

Q. How could your experience be improved?

- Age groups were quite mixed as they had to merge a lot of age groups due to low numbers although if we get more people playing it would solve this issue.

Q. Will you be playing in Hobart?

- Yes.

Q. Any tips for someone who hasn't played the teams event and thinking of playing next year?

- Go for it! It is a lot of fun, great tennis, a lot of new people to meet and places to explore. Just get in early to book accommodation.

Q. Anything else you would like to add?

- ACT seniors book out a whole hotel for their teams. This way they all get to stay together and do a lot more activities together. NSW is very much fend for yourself

**BRIAN LOADER**

Q. Which Team did you play in and what was your role?

- Captain of the 70s mens

Q. What was the rough format and how many matches did you play each day?

- The team played 1 rubber in the morning & 1 in the afternoon. Each rubber consisted of 8 doubles.

Q. How did you find the matches? Were they competitive or one sided?

- A couple were one-sided but most were competitive.

Q. How did you find the tennis venue?

- Excellent

Q. How did you find the official social activities arranged for the event?

- Very good

Q. How did you find the social aspect within your team?

- Brilliant

Q. How was your overall experience?

- 10/10

Q. What were the main positives of your experience?

- The team played as a team. The committee that ran the event at Swan Hill did a great job.

Q. How could your experience be improved?

- Swan Hill was almost remote, but I do understand it's important to support country towns.

Q. Will you be playing in Hobart?

- Yes

Q. Any tips for someone who hasn't played the teams event and thinking of playing next year?

- Get sorted early. Your game can improve immensely when playing every day, which will add to the enjoyment.

However, don't be concerned about the fitness-side as the captain will tailor the number of sets to your level.

Overall, it's a very enjoyable social experience, on & off the court.



UNIFORMS



LOOK AT US NOW

TSNSW have decided to move with the times and have updated our shirts. Whilst we have mentioned the shirts in the last few newsletters, its timely that again, we mention their importance given our NSW state championships in October and Teams in Hobart, Tassie in January 2024.

The new NSW shirts have proven very popular, so popular that other states and territories are looking to update their tennis attire. Our shirts consist of Mens collared and Mens T shirt sizes Small to 3XL. Ladies have a choice of a high neck racer-back style singlet or a cap sleeve T-shirt. Sizes are from XS to XL. The shirts are lightweight and quick dry. The sizing is fairly true however the ladies are a somewhat slim fit so if you get the opportunity to try one on, that would be preferable. A size 10-12 ladies is a medium as a gauge, Large is a Size 14 etc.

MEMBERSHIP

TSNSW has a current membership total of 920 which continues to grow. We hope to reach our previous membership of approximately 1300 members, pre Covid 19. To the left is a list of our new 2023 members. It is pleasing to see that we have new members from all over NSW. We warmly welcome everyone to Tennis Seniors and hope that you join us at as many tournaments as you can attend.

John	Austin	BULLI	Kenny	Moyle	FRESHWATER
Cameron	Baarendse	CHIPPING NORTON	Elaine	Norman	MANLY VALE
Kim	Barrett	STANWELL PARK	Paul	North	GUNDAROO
Warren	Booker	CROMER	Rebecca	O'Dea	BILLIMARI
David	Bousfield	CORLETTE	Joshua	Parker	INVERELL
Matthew	Butler	GUM FLAT	Shelley	Parsons	MANLY
Vitus	Chan	MARRICKVILLE	Melinda	Persson	WORONORA HEIGHTS
Alexandra	Cifone	POTTS POINT	Alexis	Phillips	SEAFORTH
Bruce	Conroy	Suffolk Park	Jane	Prout	WOOLLAHRA
Jason	Crookall	ARGENTON	Sophie	Radalj	DEE WHY
David	Cuda	WOOLLOOMOOLOO	Ganesan	Radhakrishnan	BOX HILL
Janene	Cullen	PORT MACQUARIE	Brent	Reading	INVERELL
Frank	Deane	FAIRY MEADOW	Michael	Robertson	TERRANORA
Geoffrey	Dowling	BILAMBIL	Matthew	Rouse	COONABARABRAN
Mark	Eades	WARNERS BAY	Melissa	Sargeant	MOSS VALE
Scott	Eulenstein	CHISHOLM	Paul	Scheiwe	Casuarina
Carolyn	Gardiner-Hill	ROSEVILLE	Nadia	Scimone	AUSTINMEER
Des	Gilbert	TINGIRA HEIGHTS	Matthew	Sier	Tawonga South
Kevin	Gray	CORLETTE	Robert	Stammers	PORT MACQUARIE
Peter	Grogan	SURRY HILLS	Sharin	Stammers	PORT MACQUARIE
Julie	Hankin	WOOLOOWARE	Elizabeth	Stark	KEIRAVILLE
Peter	Hankin	WOOLOOWARE	Martin	Sticka	ARMIDALE
Sue	Henning	MEREWETHER	Lynda-		
Jenny	Heron	WOONONA	Jane	Stone	TARRAWANNA
Ingrid	Hobson	PORT MACQUARIE	Jodie	Talbot	BEECROFT
Jaye	Iffland	WERRIS CREEK	Dennis	Teoh	CROWS NEST
Michael	Illes	KILLARA	Doris	Teoh	CROWS NEST
Mary	Jenkins	NORTHBRIDGE	Anthony	The	TERRIGAL
Peter	Kelly	BALGOWNIE	Jamie	Tulich	ELEEBANA
Vanessa	Kendal	PORT MACQUARIE	John	Tuohy	MOSS VALE
Andrew	King	WEST PENNANT HILLS	Julian	Upton	North Batemans Bay
Julia	Kraemer	PORT MACQUARIE	Gregory	Van der Woude	INVERELL
Wendy	Lacy	STANHOPE GARDENS	Skye	Wacher	NORTH BALGOWLAH
James	Matheson	COLLINGULLIE	Jeff	Wang	NEUTRAL BAY
Petra	Mazaraki	QUORROBOLONG	Stefani	Warwick	CASTLE HILL
Jessica	McConville	CHISHOLM	Adam	Wearing	TOONGABBIE
Anthony	Meath	BONNY HILLS	Tristan	Whitehill	MITTAGONG
Mei	Miao	PYRMONT	Trevor	Willis	Castle Hill
Sandra	Morton	VALLA	Brian	Wright	MALABAR
			David	Zhang	BEECROFT

attend.